

Personal Gear – Winter

Clothing (general concepts):

- There is no such thing as bad weather, only poor choices in clothing.
- Be prepared for a cold, wet, muddy, long, snowy, rainy, windy, active, and fun weekend.
- Dress in layers that can be removed in the heat of the day and added at night.
 - If you sweat, you will be wet; if you get wet, you will be cold.
- No cotton (cotton holds moisture, which saps heat – “cotton kills” in cold weather)
- Wool or synthetic fibers are preferred
- Nylon shell coats, pants, and gloves melt instantaneously near a campfire. Use with caution.

Day-time Clothing (from top-down, inside-out):

- Stocking cap or ski mask (ears must be covered)
- Lip balm and sunscreen for face
- Optional sunglasses or ski goggles
- Optional scarf to protect face and neck from wind
- Long john or Underarmor top (polypro preferred)
- Long sleeve shirt (plus 1 extra shirt)
- Wool sweater or synthetic blend sweatshirt or fleece pullover (plus 1 extra heavy shirt)
- Parka or winter jacket (with hood preferred)
- Optional fleece glove liners
- Gloves (plus 1 extra pair)
- Optional oversized mittens to be worn over gloves
- Long john or Underarmor bottoms (polypro preferred)
- Long pants (wool or fleece preferred, jeans discouraged, plus 1 extra pair)
- Insulated bib overalls (ski-type or work-type)
- Socks in multiple layers at least 1 layer wool (plus multiple extra pairs)
- High-top, waterproof, insulated boots (absolutely no tennis shoes or other low-top shoe)
- Optional gaiters

Night-time Clothing (to be kept dry and not worn during the day):

- Sweat pants
- Sweatshirt
- T-shirt
- Socks
- Stocking hat

Other gear:

- Medical form (parts A&B) and parental consent form (permission slip)
- Backpack (big enough to carry all gear in 1 trip from vehicle to camp site)
- Sleeping bag with fleece liner or blanket folded inside (20°F or lower rating)
- Camp pillow
- Optional extra fleece blanket
- Optional sleeping pad (closed cell foam)
- Headlamp and/or flashlight
- Mess kit and silverware
- 2 kitchen-size garbage bags to keep night-time clothes dry and to stow any wet gear
- Toiletries kit (toothpaste, toothbrush, hand sanitizer, travel-size baby wipes, etc.)
- Optional hand warmers
- Day pack:
 - Canteen or bottle (1 liter minimum, store upside-down at night – water freezes top-down)
 - Cup or mug (in addition to the water bottle)
 - Personal first-aid kit
 - Poncho or raincoat (check forecast, be prepared)
 - 1-2 pair of extra socks (included above)
- Boy Scouts only (not Webelos):
 - Pocket knife (and Totin' Chip) and water-proof matches (and Firem'n Chit)