

BSA Hike Gear: (Scout Handbook Page Numbers)

Day Hike (pg 207)

- Backpack
- Pocketknife (pg 78)
- Whistle (pg 40-41)
- Personal First Aid Kit (pg 289)
- Extra Pair Socks (pg 203-205)
- Rain Gear (pg 206)
- Water Bottles or Camel Pack, 64oz. minimum
- Small Flashlight & extra batteries
- Trail Food
- Matches and/or Fire Starters
- Sun Screen & Bug Spray
- Hat & Sun Glasses
- Map & Compass
- Notepad & Pencil
- 20' of small rope or cord
- Scout Handbook

Gear For Overnight Camping:

- Day Hike Gear (see list above)
- Tent
- Sleeping Bag
- Sleeping Pad or Cot
- Pillow
- Sleeping clothes
- Toothbrush
- Tooth paste
- Bar of Soap
- Towel & washcloth
- Coat or Jacket
- Extra changes of clean clothes
- Medications with instructions
- Food – See list provided by patrol
- Cooking equipment - See list provided by patrol